

Cornell College Indoor Soccer Rules

Adapted from Alma College IM Program

Maximum players: 6 Minimum players: 4 Roster size: 9 Roster Requirement:

Cornell College Intramural Sports will use the basic soccer rules as stated in the NCAA rule book. The following are exceptions to the NCAA rulebook and will be used in the Cornell College IMs.

Offside rule:

There will be no offside rule.

Out of Bounds:

All games will be played on the Arena. If the ball exits the playing area it will be put back into play with an indirect kick by the team that did not touch the ball last, near the spot where it went out of bounds.

Goal keepers:

There will be a goal keeper for indoor soccer but he/she will be able to use their hands. The goal keeper is the only player who can enter the half circle without the ball that surrounds the goal.

Goals:

For a goal to be counted the entire ball must enter the goal. A shot that bounces off the wall before entering the goal is deemed good. Any balls that lodge behind the goal will be put into play with a defensive goal kick. If the defending team deliberately stops or deflects the ball with their hands or arms to stop a goal, there will be a two minute penalty where the team will have to play 5 on 6 with no goalie.

Mercy Rule: If a team is ahead 6 goals with 7 minutes remaining in the game it will be ended.

Duration of game: two 22-minute halves both running time with the exception of the last minute. Half time: 5 minutes Time outs: There will be one 30 second time out per half.

Number of players: a maximum of 6 (including goalies) players for each team may be on the court at one time. Four players are required to prevent a forfeit.

Equipment: " Shin guards are recommended but not required. No jewelry or other items deemed dangerous by the IM workers are allowed. Each team will receive one warning without penalty there after a yellow card will be issued to any player found to be in violation on a team that has already received a warning.

Start of play:

At the beginning of the game, choice of ends and the kickoff are decided by rock paper scissors. A player kicking the ball into the opponent's half of the court starts the game at the scorekeeper's whistle. After a goal is scored, the ball is taken to the center of the court and kicked off under the same conditions as when the game started, by the team that the goal was scored on. " Teams shall change ends of the court at the start of the second half. Play shall start with a kickoff by the team that did not kick off to start the game.

Violations: The following violations are considered a penalty. " Kicking an opponent " Striking an opponent " Tripping an opponent " Handling the ball " Holding an opponent " Pushing an opponent " Violent or dangerous charging " Hitting the rafters " Delay of game " Slide tackling . These will be for a duration of 2 minutes where a play will be 5 on 6.

Misconduct: " Cautions will be issued for the following: " Persistently infringing upon any rules of the

game " Dissent by word of mouth or action to the opposing team or IM employees " Unsportsmanlike conduct " Ejections will be issued for the following: " Violent conduct or serious foul play " Foul or abusive language " Persisting in misconduct after receiving a caution. " Fighting " Flagrant fouls " Intent to injure " A player receiving a caution card must sit out for 5 minutes during that time the team must play shorthanded, just like a penalty. " A player receiving an ejection or 2 cautions must leave the facility immediately and cannot return to play until the proper steps are taken according to the Intramural A team that has a player ejected will play short-handed for the remainder of the game, just like a normal penalty.

Tie Game:

A tie game will be accepted during regular season. In the play-offs, a 5 minute sudden death period will be held. The first team to score will win. Sudden death will be 4 on 4 including goalies. If no one scores in the first sudden death period there will be as many sudden death periods as there needs to be.

Subbing:

It is free substitution, however once a player commits to the bench they can no longer have an effect on the play in anyway or it will result in a penalty.

Sportsmanship:

All players are expected to know and abide by the sportsmanship rules as stated in the Intramural Sports Handbook. Fighting or any other unsportsmanlike conduct will NOT be tolerated!

Participation rules:

Teams are expected to follow the participation rules as stated in the General Intramural Rules and Regulations document. Teams should be dressed and ready to play with the roster completed on the scorecard at game time.